

# Lake Cumberland Wish List



Each of our regions has their own unique list of needed items for their participants. Below is a list of items that are most needed from our Lake Cumberland team. For questions on donations, email [donate@welcomehouseky.org](mailto:donate@welcomehouseky.org).

## **MOST NEEDED ITEMS**

- Canned food (chicken, tuna, ravioli), pop tabs preferred
- Ready to eat foods like crackers, pop tarts, granola/protein bars
- Shampoo, conditioner, body wash
- Laundry soap
- Dish washing liquid
- Wash cloths
- Towels, all sizes
- Drawstring bags
- Water, Gatorade, electrolyte drinks, juice

Donations can be dropped off at our Lake Cumberland location, office hours are Monday - Friday 9am-4:30pm. Please call ahead of time so our team knows to expect you.

**Lake Cumberland  
Office**  
**650 N. Main St.**  
**Somerset, KY 42501**  
**606-407-1008**